

### 3.1 Cigarette Smoking and Disease

#### 1. Page Title:

Cigarette Smoking and Disease

#### 2. Anchor Links (if applicable)

#### 3. Primary Page Content

##### *Cigarette Smoking and Disease:*

*different than 'Health Spine'?*  
Cigarette smoking causes lung cancer, heart disease, emphysema and other serious diseases in smokers. Smokers are far more likely to develop serious diseases like these [lung cancer](#) than non-smokers. There is no "safe" cigarette.

These are and have been the messages of the U.S. Surgeon General and public health authorities worldwide. Smokers and potential smokers should rely on these messages in making all smoking-related decisions. [link to 3.6 Surgeon General Reports page of pmusa.com]

Click on the links at right to obtain more information about smoking and disease directly from these public health organizations: International Agency for Research on Cancer; the World Health Organization; The U.S. Centers for Disease Control; and the American Cancer Society.

#### 4. Featured Content Area

#### 5. Internal Links

#### 6. External Links

- [International Agency for Research on Cancer](#)
- [World Health Organization \[Tobacco Free Initiative link: <http://www5.who.int/tobacco/>\]](#)
- [U.S. Centers for Disease Control](#)
- [American Cancer Society](#)